

	Monday	Tuesday	Wednesday	Thursday	Friday	
AM	week 1	*Cereal & Milk	Chef's Choice	CLOSED	CLOSED	CLOSED
Snack	week 2	*Breakfast Bar & Milk	Sweet Potato Biscuits	Egg Patty & *English Muffin	*French Toast & Cinn.Cr.Cheese	Bananas & Rice Krispies
	week 3	*Fig Bar & Milk	Applesauce & *Grahams	Hard Boiled Egg & *Crackers	*Pancakes & Sausage	Mini-Muffin & Juice
	week 4	*Cereal & Milk	*Banana Bread	Cheese *Toast	Mini-Bagel & WowButter	Ham & Cheese Biscuit
	week 5	*Belvita Bites & Cr. Cheese	*Oatmeal & Milk	Yogurt & Animal Crackers	*Waffles & Fruit Salsa	Cinnamon *Toast & Peaches
	Week 1 11/25- 11/29	Luncheon or Sandwiches, chef's choice fruit, and chef's choice veggie	CLOSED	CLOSED	CLOSED	CLOSED
Lunch	week 2 12/2- 12/6	Fritatta *Crackers Mixed Fruit	Chicken Alfredo *Pasta Peas Pears	Cheese *Pizza Pineapple Tossed Salad	Chicken Salad on a *Mini-Wheat Roll Spinach & Bananas	Beans & Rice Oranges Cauliflower/Broccoli
	week 3 12/9- 12/13	*Mac & Cheese Broccoli Mandarin Oranges	Chicken & Root Veggie Stew with Rice Chef's Choice Fruit	*Soft Tacos Salsa & Lettuce Pineapple	Beanie Weanies Biscuit Bananas	Drop BBQ Riblets & *Rolls & Salad Apples
	week 4 11/11- 11/15	Teriyaki Chicken & Rice Broccoli Pineapple	Ham & Cheese *Sandwich Carrots Baked Apples	Meatballs & *Rolls Mashed Potatoes & Gravy Corn on the Cob	Eggs & *Pancake Sweet Potato Fries Pears	Chicken & Cheese *Quesadilla Banana Peas
	week 5 11/18- 11/22	Fish Sticks & Noodles Mixed Veggies Chef's Choice Fruit	*Grilled Cheese Soup or Salad Tropical Fruit Salad	Quiche Peaches Sweet Potatoes	Chicken *Fajitas & Rice Black Beans Fresh/Seasonal Fruit	*Pasta & Meat Sauce Melon Green Beans
PM	week 1	Applesauce & *Goldfish	Chef's Choice	CLOSED	CLOSED	CLOSED
Snack	week 2	Peaches & *Kix	Cheese Slices & *Crackers	Cookies & Milk	Apples & Van. Yogurt	Animal Crackers & FL.Cream Cheese
	week 3	Fruit *Crisp	Oyster Crackers & cheesestick	Try a Snack	Cheese Cubes & *Crackers	*Pasta Salad
	week 4	Cheeze-its & Fruit	Cannoli Dip & *Grahams	Hummus & Cukes/*Crackers	Cheddar stick & Fruit	Yogurt & HM *Granola
	week 5	Pretzel Bites & Cheese	Seasonal Fruit & *Cereal	Pumpkin bread	Oranges & *Grahams	Bananas & Vanilla Wafers

Milk is served with ALL lunches (Whole milk for 12months-2 years, 1% for all others)
Water is available with all snacks and throughout the day

*Indicates a Whole Grain
All juice is 100% Juice, and children are given 1 serving